Thinking fast and slow
By Daniel Kahneman

This book is about psychology. It introduces the two systems (thinking fast and slow) which have their strengths and weaknesses. He uses these two systems to help explain psychological concepts such as decision making and biases.

The topics of choice may make you think twice before you make a decision that you thought was based off rationality. Some of the concepts introduced may blow your mind and cause you to look at things differently forever.

It was recommended to me as the only psychology book you will probably need to read. If you are interested in uncovering the inner workings of our mind and examples of it in action this is the book for you.